



**September 11, 2007**

[www.cahu-nc.org](http://www.cahu-nc.org)

**The Charlotte Association of Health Underwriters**

PO Box 12174, Charlotte, NC 28220

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**Awards:** Barney Spurlock  
[barney@nchealth4u.com](mailto:barney@nchealth4u.com)

**OCTOBER MEETING:**

*We are pleased to have Terry Crimm as our guest speaker on October 10<sup>th</sup> "Creating Balance In Our Busy Lives"*

*Sponsored by: Courtney I. Schrom with HSA Bank "National Leader in Health Savings Accounts"*

**MEETING INFO:**

**When:** Wednesday, October 10<sup>th</sup>  
Registration begins @ 11:15 am;  
meeting from 11:30 until 1:00 pm

**Lunch Cost:** \$10.00 members, \$15.00 guests.  
\$100 for Table of 8

**Where:** Charlotte Marriott Executive Park,  
5700 Westpark Drive, I-77 Exit 5 & Tyvola

RSVP to Pam Wright:  
704-557-7255 or via email at  
[pam.wright@wachovia.com](mailto:pam.wright@wachovia.com)

RSVP by **September 5<sup>th</sup>** \*



**October Lunch Buffet Menu:**  
*Special Meal Needs* – include with your RSVP

**MENU**

Tossed Salad with Assorted Dressings  
Fresh Fruit  
Cheese Enchiladas  
Beef Tacos (soft shell) with Sour Cream (on side)  
Refried Beans  
Spanish Rice  
Cookies  
Fresh Brewed Coffee or Iced Tea

## MESSAGE FROM THE PRESIDENT:

Dear Members of CAHU, I wanted to thank everyone who took the time from their busy schedules to attend last weeks meeting with John Miall. It appears that we had roughly 170 members and guests attend a meeting that hopefully opened your eyes to just another cost driver in healthcare. My hope is that many of you agree with the approach and accomplishments of "The Asheville Project" now known nationally as "Health Map RX" and can see a way for this type of concept and approach to be implemented with the carriers we represent. If you do feel strongly, call the insurance companies you represent, call the larger employers you insure and encourage them to become more familiar with managing chronic illnesses differently and lets see if we can collectively push for change that will eventually contribute to driving down healthcare cost.

On October 10<sup>th</sup>, Terry Crimm will be our guest speaker delivering a strong message on establishing balance in your life and Courtney Schrom with HSA Bank will be our sponsor. It seems at times that there is just not enough time in the day to accomplish all that we have committed ourselves to doing and there just has to be some relief. Unfortunately, this time restraint and over commitment is not just in our personal lives it is a part of our daily business routine too. So, invite your staff and clients to hear from someone who is qualified to offer some sound advice on how to cope with this ever stressful issue of being over committed and stressed due to being spread to thin.

In November we have decided to partner with Infinisource for our joint fundraiser and seminar, COBRA Liability and Regulations Review Including HIPAA Portability. Lindsay Moore with Business Health Services will be the sponsor. The cost is free to members that have 2 clients signed up to attend; otherwise the cost is \$149 for a member and \$229 for a non member. The course is approved for 6 hours of NC & SC CE. This again is a wonderful opportunity to invite your clients in for a seminar that you don't have to plan and the cost is reasonable especially if you have 2 of your clients attend because you will be able to attend for free.

With that said, throughout this months newsletter you will see from the reports of your Board members that we are trying very hard to add as much value as we can to your membership and are open to any suggestions you can share too help make this Association the best we can be.

Watts,  
President of CAHU  
"Where employee benefit professional gather"

## CAHU WEBSITE

*Andy Beard - Chairman*

*"Be sure to visit the newly designed CAHU website.  
[www.cahu-nc.org](http://www.cahu-nc.org)"*

*Thanks,*



*Andy Beard"*

## Community Service

### *Help Wanted*

*Volunteers needed for the Habitat for Humanity house project (date TBD in October or November)  
Volunteers needed for the golf committee*

*Contact Brantlee Green at 704- 942-2024*

*Thanks, Brant*



## UPCOMING EVENTS

**SEPTEMBER 27<sup>TH</sup> METLIFE CE CREDITS**

### **CE Credits Opportunities**

**October 10, 2007**

**December 5, 2007**

(free to members-RSVP)

### **Infinisource coming in November**

(see details at attached and at [www.cahu-nc.org](http://www.cahu-nc.org))

### **HUPAC Drawing in December**

**Habitat For Humanity**

**Spokes Group Fundraiser**

**Golf Tournament Fundraiser**

*"Check out [www.cahu-nc.org](http://www.cahu-nc.org) for the most up to date information"*



## **Education:**

*Jennifer Golynsky, Chairperson*

### **CAHU CE Credits & NCDOT Updates**

October 10th at 1:30 to 4:30

(Free to CAHU members)

Speaker: Brian Black, Esq, Ogletree Deakins

Sponsor: Christine Anderson, Aetna Individual Markets

*\*Attendees are able to RSVP for the October 10th luncheon meeting and the CE class in the same email \**

December 5th at 1:30-4:30

(Free to CAHU members)

Speaker: TBD

Sponsor: Brent Morris, Humana Dental

Although the CAHU sponsored CE's are free to members, we do allow non-members to attend for \$25 per session. If the non-member joins the day of the CE session, we will give them credit for the \$25 paid. Please keep this in mind when inviting guests to the meetings.

NCDOT is changing the requirement for earning Continuing Education credits. Please see the attached PDF from the NCDOT. 24 credits will now be required to be earned in a 2 year period. The NCDOT is phasing in this requirement over the next four years. The number of credit hours you must earn each of these transition years is outlined in the attached PDF and is based on the month and year of your birth. For more information, please log on to [www.ncdoi.com](http://www.ncdoi.com) under agent services.

Coming soon – certification class on the new Consumer Driven Health Plans. This will be a 4 hour class provided by NCAHU and will be presented at various chapters around the state including Charlotte. Stay tuned for more information.

Thank you,

Jennifer Golynsky

[jcgolynsky@innovaplanstrategies.com](mailto:jcgolynsky@innovaplanstrategies.com)

## **AWARDS**

*Barney Spurlock – Chairperson*

The Charlotte Chapter of Health Underwriters Association would like to recognize a chapter member, or members, for voluntary activities outside of those opportunities presented through the chapter that benefit the community.

Please make me aware of your activities. We realize that many of you may be hesitant to bring attention to yourselves; therefore, we also ask the membership to help make us aware of any good deeds our peers may be performing.

Thank you.

Barney Spurlock

[barney@nchealth4u.com](mailto:barney@nchealth4u.com)

### ***Special Invitation from Mark Stephens***

*Senior Account Manager, Pfizer, Inc.*

*I wanted to send you some information on an upcoming event with an organization that I am involved with called **The Bioethics Resource Group** ([www.bioethicsresourcegroup.org](http://www.bioethicsresourcegroup.org)) Our Medicine and Society Dinner will be held on September 27<sup>th</sup> in conjunction with the Mecklenburg County Medical Society titled “**Health Care Reform in the 21<sup>st</sup> Century: Facing Realities**” with Tristram Englehardt, PhD, MD, Professor of Philosophy, Rice University and Professor Emeritus, Baylor College of Medicine.*

*CAHU members can contact our Executive Director Suzette Buchan at 704-332-4421 or [sbuchan@meckmed.org](mailto:sbuchan@meckmed.org) to RSVP. This topic should be very relevant to members of CAHU with regard to perspectives on issues around health reform. This is a high level event with physician leaders, lawyers, community leaders and other stakeholders attending.*

*Thanks for supporting CAHU!*

[www.cahu-nc.org](http://www.cahu-nc.org)